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The Costs and Benefits of Food and Nutrition Security in Malawi

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KEY MESSAGES

• Food Insecurity remains a significant concern, with 63% of Malawian households deemed severely food insecure.
• Focusing on sustainable farming models, this cost benefit analysis identifies two interventions which demonstrate significant promise in improving food security:
  - Purdue Improved Crop Storage (PICS) Bags Promotion: PICS bags are a simple, hermetic storage technology that limits post-harvest losses to 9%, compared to 24-28% with traditional home storage approaches. A multi-year wide-scale promotion campaign, supported by subsidization, is expected to increase use of the bags to 6 out of 10 farm households. This could generate almost 320,000 tonnes more maize available for household consumption, a benefit of MWK 64 billion per year by 2030. The bags are priced at 5 times higher than current methods. The cost of promotion and bags is MWK 245 billion over 10 years. This cost could be split between farmers and the government through a subsidies program. By 2030, the net benefits of the intervention would be worth 0.4% of GDP. This intervention generates a benefit-cost ratio (BCR) of 2.9.
  - Specific Crop Diversification Strategies: This intervention requires increased extension support to encourage farmers to diversify into higher value and more nutritious crops, with the report recommending different strategies for Malawi’s differing agro-ecological zones. For example, in the Lower Shire agro-ecological zone, the report recommends conservation agriculture, stress tolerant maize intercropped with sorghum or pigeon pea and rotated with groundnuts or cotton for the uplands. Rice relay with bio-fortified sweet potato is recommended for the flood plains. The benefits of crop diversification are higher farm incomes. It would also lead to a national surplus of food which could be exported or used in agro-processing. The strategies would deliver MWK 97 billion in increased income initially, rising to MWK 1,160 billion. To attain these benefits would require an annual investment fluctuating between MWK 200 and 350 billion. The net farm income is substantial, valued at 7% of GDP in 2030. The BCR is 2.0.

Context

Food insecurity and undernourishment is linked to poorer subjective well-being, lower wages, lower economic growth, and higher mortality and morbidity. In the case of those living with HIV and AIDS, poor nutrition can increase the risk of mortality by 18%. Population growth and crop production shocks, in addition to other factors, has led to a significant increase in the number of Malawian households in need of governmental assistance, with the share of population needing food assistance growing from 2 to 7 million between 2012 and 2017. In 2020, 6 out of 10 Malawian households are deemed severely food insecure. Depending on the agricultural season, between 36% to 46% of Malawian households consumed less than 1,800 calories per day in 2020. The IHS found that 70% of rural households and 45% of urban households reported that they did not have sufficient food.

One of the NPC’s prioritized research questions was ‘What interventions might deliver sustained food and nutrition security, as well as greater dietary diversity within sustainable farming models?’ As food security is a markedly multidimensional issue, this technical report has focused on one particular lever which shows potential as a mitigation strategy: sustainable farming models. In the process to identify cost-effective solutions, two different interventions with significant benefits have been identified using cost-benefit analysis:

1. PICS bags Promotion
2. Specific crop diversification strategies
**Intervention 1: Purdue Improved Crop Storage (PICS) Bags**

The first intervention reduces post-harvest losses through promoting the usage of hermetic storage bags (PICS). PICS extend the longevity of existing crops, improving storage quality and the subsequent lifespan of harvested grain, mitigating the threat of rot and pests. At a PICS uptake rate of 60% across Malawi, the value of avoided grain loss would be equivalent to MWK 64 billion per year. These improved bags are reusable and twice as durable, but at MWK 1490, the cost per bag is 5 times higher than that of traditional storage methods. The total cost over 10 years adds up to MWK 123 billion, MWK 103 billion representing the extra cost of the PICS bags, and MWK 20 million for promotion. It is likely that the government would need to subsidize the PICS bags initially, though this could be gradually lowered and removed once the farmers understand the value of the improved bags. The BCR of the PICS bags and promotion is 2.9.

**Intervention 2: Specific Crop Diversification Strategies**

The second intervention helps farmers diversify into different high-value crops, which provide increased income and greater nutrition. The majority of smallholders engage in monocropping, which has led to nutrient-deficiency and the need to import other varieties of foods. A comprehensive government engagement and information campaign to encourage crop-diversification would require an investment of MWK 200 to 350 billion annually in terms of increased extension costs, cultivation costs, and breeder seed production. Much of this cost would be borne by the government, if historical and present subsidization patterns continue, however this could be reduced over time as the farmers become aware of increased benefits.

Within the proposed intervention, different high-value crops are recommended for different regions, paired with different cropping systems. For example, the intervention proposes bio-fortified sorghum and pearl millet in the Lower Shire Valley, paired with conservation agriculture, stress-tolerant crop varieties, and cereal-legume intercropping/rotation. For the Lakeshore, Middle, and Upper Shire, drought-tolerant, Pro-Vitamin A Maize, improved Rice, and Biofortified Sweet Potatoes among others are suggested, alongside maize/cassava, pigeon pea/bean intercrop rotated with ground nuts/cow pea, pigeon pea intercropping or cotton.

Despite these high costs, the strategies would deliver benefits equal to MWK 97 billion initially rising to MWK 1,160 billion in steady state. **Over a 10-year period the BCR of this strategy is 2.0.** While the BCR is relatively modest, it would have a large absolute impact on the Malawian economy with additional net farm revenue equivalent to 7% of GDP in 2030.

*Figure 1: Costs and Benefits of PIC Bag promotion*
Beyond farm income benefits, Malawi would have a surplus of calories, protein and zinc that could be consumed, exported, or used in agro-processing, a key pillar of the country’s Vision 2063. This does not mean that these deficiencies would be eliminated at an individual level, since it is uncertain how such gains would be distributed across the population. Nevertheless the results provide hope that Malawi can achieve the required food security, at a national level to help meet its goals.
Malawi Priorities: Background

Malawi Priorities is a research-based collaborative project implemented by the National Planning Commission (NPC) with technical assistance from the African Institute for Development Policy (AFIDEP), and the Copenhagen Consensus Center (CCC) to identify and promote the most effective interventions that address Malawi’s development challenges and support the attainment of its development aspirations. The project seeks to provide the government with a systematic process to help prioritize the most effective policy solutions so as to maximize social, environmental and economic benefits on every kwacha invested. Cost-benefit analysis is the primary analytical tool adopted by the project. Cost-benefit analysis will be applied to 20-30 research questions of national importance. Research will take place over the course of 2020 and 2021.

Research questions were drawn from the NPC’s existing research agenda, developed in September 2019 after extensive consultation with academics, think tanks, the private sector and government. This sub-set was then augmented, based on input from NPC, an Academic Advisory Group (AAG) of leading scholars within Malawi, and existing literature, particularly previous cost-benefit analyses conducted by the Copenhagen Consensus Center. The research agenda was validated and prioritized by a Reference Group of 25 prominent, senior stakeholders. The selection of interventions was informed by numerous consultations across the Malawian policy space, and one academic and two sector experts provide peer review on all analyses.

Cost-benefit analyses in Malawi Priorities consider the social, economic and environmental impacts that accrue to all of Malawian society. This represents a wider scope than financial cost-benefit analysis, which considers only the flow of money, or private cost-benefit analysis, which considers the perspective of only one party. All benefit-cost ratios (BCRs) reported within the Malawi Priorities project are comparable.

The cost-benefit analysis considered in the project is premised on an injection of new money available to decision makers, that can be spent on expanding existing programs (e.g. new beneficiaries, additional program features) or implementing new programs. Results should not be interpreted as reflections on past efforts or the benefits of reallocating existing funds.

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SUMMARY TABLE

<table>
<thead>
<tr>
<th>Intervention</th>
<th>BCR Rating</th>
<th>Beneficiary Group</th>
<th>Cost per farmer per year</th>
<th>Investment cost (in MWK billions)</th>
<th>Benefits (in MWK billions)</th>
</tr>
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<tbody>
<tr>
<td>PICS Bags Promotion</td>
<td>2.9</td>
<td>4.2 million farm households targeted</td>
<td>MWK 5850</td>
<td>Starting at MWK 4.6 bn in 2021 and rising to MWK 18bn annually in 2030</td>
<td>Avoided maize losses starting at MWK 5.4bn in 2021 rising to MWK 64bn in 2030</td>
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<tr>
<td>Specific Crop Diversification</td>
<td>2.0</td>
<td>4.2 million farm households targeted</td>
<td>MWK 64,000</td>
<td>200 to 350 MWK billion every year with 43% of costs for extension, 57% for incremental farm costs.</td>
<td>Increase farm income starting at MWK 97 bn in 2021 rising to MWK 1,160bn in 2030</td>
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Note: BCRs are based on costs and benefits discounted at 8% (see accompanying technical report). BCR ratings are determined on the following scale [Excellent: BCR > 1.5; Good: BCR 1-1.5; Fair: BCR 1-0.5; Poor: BCR < 0.5]. This traffic light scale was developed by an Eminent Panel including several Nobel Laureate economists for a previous Copenhagen Consensus project that assessed the Sustainable Development Goals.